

# Community Management of Acute Malnutrition Resources Signposting Document

March 2023

### Note:

This Community Management of Acute Malnutrition (CMAM) signposting document aims to offer some of the key CMAM-related resources (focusing on humanitarian contexts) as of February 2023. We recognise that some resources may become outdated once the World Health Organisation (WHO) publishes its updated global guideline for the prevention and management of wasting and nutritional oedema (acute malnutrition). The Global Action Plan on Child Wasting (GAP) agencies, led by UNICEF and WHO are currently in the process of developing a wider resource library for wasting and nutritional oedema (acute malnutrition) which will be housed on the <a href="www.childwasting.org">www.childwasting.org</a> website. We thus advise practitioners to visit the <a href="www.childwasting.org">wwww.childwasting.org</a> website for updates on the resource repository and to use the library once it is published.

# **Background:**

The GNC Technical Alliance is a technical assistance platform that responds to technical requests¹ by leveraging and building on existing nutrition resources, capacities, initiatives, and coordination structures. A regular technical request posed to the Alliance in relation to wasting has centered on which community management of acute malnutrition (CMAM) related resources and tools, including training tools, are available. While a plethora of resources and tools exist on CMAM, including a wide range of agency-specific tools, with several platforms to share such resources, there remains a need for a consolidated list and repository of resources and tools that country-level practitioners can easily access and use when developing country-specific tools and resources. The need for a broader CMAM-related resource repository website is currently being discussed by global actors. Given these discussions, this signposting document aims to serve as an initial step to developing such a repository and highlight some of the key CMAM related resources and tools.

This signposting document aims to provide easy access to various global-level CMAM-related resources organised across the following themes:

## a. Core CMAM documents

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<sup>&</sup>lt;sup>1</sup> Anyone working in the humanitarian nutrition space can ask a technical related question to the GNC Technical Alliance <a href="here">here</a>.



- i. <u>CMAM in Emergencies</u>
- ii. Generic CMAM resources
- iii. Moderate Acute Malnutrition/ Moderate Wasting
- iv. Severe Acute Malnutrition/ Severe Wasting
- v. Growth Faltering among infants u6m
- vi. <u>Community Mobilisation</u>
- b. Examples of Programme documents and adaptations
  - i. <u>Simplified Approaches</u>
  - ii. Resources related to Community Health Workers implementing CMAM
  - iii. The CMAM Surge Approach
  - iv. Additional resources focused on COVID-19
  - v. CMAM and other health concerns
  - vi. <u>CMAM and IMCI integration</u>
- c. Program planning, Management, Evaluation, Reporting, and Assessments
  - i. Operational management support, planning, costing
  - ii. <u>Nutrition Assessments and reporting</u>
  - iii. Prevention of acute malnutrition (wasting)- non-exhaustive list
  - iv. Additional relevant resources

While important to capture all country-level and global-level resources to assist practitioners in identifying and using relevant materials, given the scope of work and capacity, such a broad repository was not possible. The scope was thus narrowed through the following inclusion and exclusion criteria.

### Inclusion Criteria:

- CMAM-related materials include policy guidance documents, tools, training, and orientation documents that support the implementation of CMAM-related programming.
- Global-level tools, although if no global tool existed on a particular topic, country examples were sought.
- Resources in English- although the priority of the Alliance is to provide resources in as many languages as possible, this signposting document was limited to English resources at this stage.

### Exclusion Criteria:

- Documents from specific countries or regions with little broader reference
- Country specific CMAM guidelines
- Resources that relate to the other Global Thematic Working Groups such as resources related to infant feeding in emergencies, nutrition information systems, etc.



- Nutrition assessment-related resources aside from those that relate to coverage and monitoring.
- Research articles and reviews that relate to CMAM.
- The search for relevant CMAM resources was finalized on the 28<sup>th</sup> of February 2023 and thus, resources published after this date were not included.
- To ensure the relevance of resources, newer resources were highlighted in this review- resources older than 2008 were not typically included unless deemed relevant and thus included in the column entitled 'Underpinning guidance, outdated and other resources. These documents aim to provide contextual understanding as well as offer practitioners additional resources on a specific area should they wish to explore a topic further.

While other audiences may benefit from this signposting brief, the primary audience for this work are practitioners working in CMAM programmes.



# List of Resources

Themes	Resources	Brief overview	Underpinning guidance, Outdated and additional resources
Core CMAM	documents		additional resources
CMAM in	Agora Training Modules:	UNICEF offers free online courses	Community therapeutic care (CTC): a
Emergencies	Nutrition in Emergencies (NiE) Learning	through its Agora platform. This platform	new approach to managing acute
	Channel ( <u>Link</u> )	is easy to access, offers digital certificates	malnutrition in emergencies and
	Basic training on Nutrition in	and is free of charge. A host of nutrition	beyond. (Technical notes, FANTA,
	Emergencies (Link)	related training resources are housed on	2004)
	Acute Malnutrition in Emergencies	this platform, including those related to	
	Preparedness and Response (Link)	Nutrition in Emergencies and CMAM.	
			Community-based therapeutic care A
	Harmonized Training Package Version 2	The Harmonised Training Package (HTP)	new paradigm for selective feeding in
	(ENN & Nutrition Works, 2011)	is a resource for trainers in the NiE sector	nutritional crises (Guidance Brief,
	Module 1: Introduction to nutrition in	and it can be used by individuals to	Humanitarian Practice Network, 2004)
	emergencies ( <u>Fact Sheet</u> , <u>resource list</u> ,	increase their technical knowledge of the	
	technical notes, trainer's guide)	sector. It is designed to provide trainers	
		from any implementing agency or	Acute Malnutrition in Emergencies
	HTP v 2 Module 2: The humanitarian	academic institution with information	Preparedness and Response (UNICEF)
	system: roles, responsibilities, and	from which to design and implement a	https://agora.unicef.org/course/info.php
	coordination	training course according to the specific	?id=28662
	( <u>Fact Sheet</u> , <u>resource list</u> , <u>technical</u>	needs of the target audience, the length	
	notes, trainer's guide)	of time available for training, and	
		according to the training objectives. It can	
	HTP v 2 Module 15: Priority health	be used as stand-alone modules or as	
	interventions that impact nutrition	combined modules depending on the	
	status in emergencies (Fact Sheet,	training needs. The Agora modules cover	
		much of the content of the HTP but the	



	LITE (C	
resource list, technical notes, trainer's	HTP offers an offline version of training	
guide)	resources.	
HTP v 2 Module 19: Working with communities in emergencies (Fact Sheet, resource list, technical notes, trainer's guide)		
HTP v 2 Module 22: Gender-responsive nutrition in emergencies ( <u>Fact Sheet</u> , <u>resource list</u> , <u>technical notes</u> , <u>trainer's</u> <u>guide</u> )		
CMAM Toolkit A Rapid Start-up Resource for Emergency Nutrition <u>Link</u> (Save the Children, 2017)	The CMAM Toolkit is a collection of tools needed by program managers to begin the implementation of CMAM programs. This Toolkit is 'not' a recreation of existing tools/resources but an easy-to-use compilation of these tools and resources.	
The Sphere Handbook Link (Policy Guidelines, Sphere Association, 2018)	The Sphere Handbook aims to improve the quality of humanitarian response in situations of disaster and conflict and to enhance the accountability of	



Sphere Training toolkit (<u>facilitator</u> <u>guide</u>)
(Sphere Association, 2019)
<a href="https://spherestandards.org/training-pack-2018/">https://spherestandards.org/training-pack-2018/</a>

A Toolkit for Addressing Nutrition in Emergency Situations <u>Link</u> (Inter-Agency Standing Committee, Nutrition Cluster, 2008) humanitarian action to crisis-affected people.

The pack of 20 training modules was updated based on the feedback of trainers and learners who have been using the previous version of the tool since 2012. The pack contains five days' worth of materials. Its' modular nature means it can be used in its entirety, broken up into shorter workshops, or injected into broader initiatives such as humanitarian degree programs.

The toolkit is intended as an easy-to-use field guide that outlines the key basic interventions for nutritional support to individuals and groups during an emergency. The toolkit offers guidance and support for nutritionists and humanitarian workers to ensure that basic guidelines are followed and the basic nutritional needs of populations in emergencies are met. It is not intended to be an exhaustive resource for each intervention presented, but rather an overview of interventions to be



	Guidelines for Selective Feeding: The Management of Malnutrition in Emergencies <u>Link</u> (UNHCR & WFP. 2011)	considered with references and links to more detailed technical guidance for each issue.  This revised version is intended as a practical guide to design, implement, monitor, and evaluate selective feeding programs in emergencies.	
Generic	Project Model: Community-Based Management of Acute Malnutrition (CMAM) <u>Link</u> (WVI, 2017)	This resource describes the CMAM approach, evidence for the approach, and how to contextualise the approach to different contexts.	Position Paper on Evolution of CMAM Implementation (AAH, 2021).  Updating National CMAM Guidelines Lessons from Previous Experiences (Global Nutrition Cluster Technical
	Training Guide for Community-Based Management of Acute Malnutrition (CMAM): Guide for Trainers Link, PowerPoint (FANTA III- 2018)	This CMAM training guide is designed for healthcare managers and providers who manage, supervise, and implement services for the management of acute malnutrition, including those involved in community outreach activities.	Alliance, UNICEF, World Vision, Action Against Hunger, ENN, 2022)  WHO child growth standards and the identification of severe acute malnutrition in infants and children: a joint statement by the World Health Organization and the United Nations Children's Fund (2009)
	Severe acute malnutrition   MSF Medical Guidelines <u>Link</u> (2022).	The MSF protocols are focused on the diagnosis and management of inpatient SAM in children 6 to 59 months with a	Community-Based Therapeutic Care (CTC): Field Manual (Valid International and Concern Worldwide, 2006)



	CMAM Report: A comprehensive monitoring and reporting package for Community-based Management of Acute Malnutrition Link (Save the Children, 2015)  Treating Acute Malnutrition with Readyto-Use Therapeutic Food: A Community Outpatient Approach April 2013 Link (Technical Guidelines, EDESIA, 2013)  Managing the Supply Chain of Specialized Nutritious Foods Link (Guidelines, WFP, 2019)	particular focus on children with medical complications.  The CMAM Report e-learning is a distance learning tool for nutrition and/or M&E staff at field, country, and head office levels with a specific focus on monitoring CMAM programs.  This manual describes the use of these approaches for small-to-medium size organizations or programs that wish to add the treatment of acute malnutrition to the services they are currently providing in their communities.  This manual has been produced to provide comprehensive guidance on the supply chain management of SNF.	Global action plan on child wasting: a framework for action to accelerate progress in preventing and managing child wasting and the achievement of the Sustainable Development Goals (Joint statement by the Principles of FAO, WHO, UNHCR, UNICEF, WFP, and UN OCHA, 2020).  Essential nutrition actions: improving maternal, new-born, infant, and young child health and nutrition (WHO, 2013)
Moderate Acute Malnutrition / Moderate Wasting	Moderate Acute Malnutrition: A Decision Tool for Emergencies <u>Link</u> (Global Nutrition Cluster, 2017)	This decision-making tool aims to guide program managers to identify the most appropriate and feasible program strategy to address MAM in a particular emergency setting. It explicitly incorporates a range of contextual factors	Module 6: Supplementary Feeding for the Management of Moderate Acute Malnutrition (MAM) in the Context of CMAM from Community-Based management of acute malnutrition training guide 2008



	into the decision-making process, in addition to population-level nutrition status before and during the emergency.	(USAID, Valid International, Concern Worldwide, UNICEF)
HTP v 2 Module 12: Management of moderate acute malnutrition (2011)  Fact sheet Resource List, Technical Note. Trainer's guide	The Harmonised Training Package (HTP) is primarily a resource for trainers in the Nutrition in Emergencies (NiE) sector and can be used by individuals to increase their technical knowledge of the sector. It can be used as stand-alone modules or as combined modules depending on the training needs.	
Module 8: Supplementary Feeding Program <u>Link</u> (UNHCR, 2008)	This module outlines the monitoring requirements for the following nutritionally at-risk groups, most targeted for supplementary feeding in refugee operations.	
Management of wasting during a shortage or absence of specialised nutritious food products Link (GNC-TA, 2022).	This note applies predominantly to situations where specialised nutritious foods (SNF) have been used and which are facing an absence or shortage of products. It does not replace guidance already existing in national guidelines for the	



Severe Acute	Technical note: supplementary foods for the management of moderate acute malnutrition in infants and children 6–59 months of age Link (WHO, 2012)  Guideline: updates on the management of severe acute malnutrition in infants	treatment of wasting or where the use of SNF is not indicated, accepted, or established.  This technical note summarises the available evidence and presents some principles underlying the dietary management of children with moderate acute malnutrition with a proposed nutrient composition profile for supplementary foods relevant to situations in which their use may be warranted.  This guideline provides global, evidence-informed recommendations on several	Module 04- Outpatient Care for the Management of SAM Without Medical
Malnutrition / Severe Wasting	and children <u>Link</u> (WHO, 2013)	specific issues related to the management of severe acute malnutrition in infants and children.	Complications from Community-Based management of acute malnutrition training guide 2008 (USAID, Valid International, Concern Worldwide, UNICEF)
	HTP v 2 Module 13: Management of Severe acute malnutrition (2011)  Fact sheet, Resource List, Technical note, Trainers guide	The Harmonised Training Package (HTP) is primarily a resource for trainers in the Nutrition in Emergencies (NiE) sector and it can be used by individuals to increase their technical knowledge of the sector. It can be used as stand-alone modules or as combined modules depending on the training needs.	Scale-up of severe wasting management within the health system: A stakeholder perspective on current progress (ENN, ECF & Irish Aid, 2021)



Module 8: Outpatient management of severe acute malnutrition Link (WHO, 2021)	The training package is based on the 2002 WHO Training course on the management of severe malnutrition, which was updated in 2009. In 2013, WHO issued the Guideline: updates on the management of	Management of severe malnutrition: a manual for physicians and other senior health workers (who.int) (WHO, 1999)
	severe acute malnutrition in infants and children, which provided updated recommendations.	
Guidelines for the Integrated Management of Severe Acute Malnutrition: In- and Out-Patient Treatment Link (ACF International, 2011)	This guideline outlines ACF's guidelines on SAM Treatment, including both inpatient and outpatient management.	
WHO guideline on the dairy protein content in ready-to-use therapeutic foods for the treatment of uncomplicated severe acute malnutrition Link (2021)	This guideline provides global, evidence- informed recommendations focusing on whether reduced dairy or non-dairy RUTF should be used for treating uncomplicated severe acute malnutrition.	
	This training course on the inpatient management of severe acute	



	Training course on the inpatient management of severe acute malnutrition: (WHO, 2022)  Facilitator Guide, Clinical Instructor Guide  Course Director Guide	malnutrition includes training modules, training guides, and supporting materials.	
	Introducing Updated Packaging and Reconstitution Guidance for Therapeutic Milk <u>Link</u> (WHO & UNICEF, 2017).	UNICEF and WHO updated their guidance on Therapeutic milk (TM) with updated packaging and reconstitution guidance.	
Growth Faltering among infants u6m	WHO recommendations for care of the preterm or low-birth-weight infant Link (WHO, 2022)	The recommendations in this guideline are intended to inform the development of national and subnational health policies, clinical protocols, and programmatic guides.	WHO recommendations on interventions to improve preterm birth outcomes (WHO, 2015)  Community Management of at-risk Mothers and Infants under six months
	Management of small and nutritionally At-risk infants under six months and their mothers (MAMI) Care Pathway Package, Version 3 (Irish Aid, ECF & ENN, 2021) MAMI Care Pathway Package	The MAMI Care Pathway Package provides practitioners with a resource to screen, assess, and manage small and nutritionally at-risk infants under six months and their mothers (MAMI). It has been updated from the	of age (C-MAMI) (Version 2.0. 2018) [Irish Aid, Save The Children, GOAL, LSHTM & ENN]



	MAMI Counselling Cards and Support Actions Booklet MAMI health Workers Users Booklet	2018 version through stakeholder consultation, literature reviews, and based on learnings of previous implementation experiences.	
	MAMI mid-upper arm circumference (MUAC) tape <u>Link</u> (GOAL)	MAMI-MUAC tapes using reduced thresholds have been developed by GOAL to help identify at-risk infants under 6 months.	
Community Mobilisation	Technical Brief: Community Engagement for CMAM <u>Link</u> (Coverage Monitoring Network, 2015)	This resource explores community engagement. Community engagement for CMAM aims to engage community actors and obtain their commitments for actions they will take to support caretakers of children with acute malnutrition to access and use CMAM services, and their support to community engagement activities, including volunteers' and outreach workers' work.	Community Outreach for Community-Based Management of Acute Malnutrition in Sudan: A Review of Experiences and the Development of a Strategy (Technical report, USAID, FANTA.2, 2010)
	How to Conduct Community Assessment Link (Guide, Coverage Monitoring Network, 2015)	This document articulates how to conduct community assessments and also provides guidance on essential tool development for community assessments.	



	Care Groups: A Reference Guide for Practitioners <u>Link</u> (USAID, FSN Network, FHI, Core Group, World Relief, 2016)	This brief guide is meant to serve as a companion to Care Groups: A Training Manual for Program Design and Implementation, and additional details on all topics covered in this guide are provided in the Training Manual. This guide was developed in response to practitioner requests and assumes the reader already has a general understanding of the Care Group methodology.	
	Mobilising Communities for Improved Nutrition: A Manual and Guide for Training Community Leaders (USAID, PATH & IYCN, 2011)  Manual for Training Community  Leaders  Guide for Training Community Leaders	This resource contains instructions for facilitating a one-day workshop with community leaders (e.g., community, religious, and business leaders and government officials) to support and improve children's health and well-being through improved infant and young child feeding and maternal dietary practices. It also provides information aimed directly at community leaders that will help them support women and families to follow recommended practices concerning the issues above.	
	Programmes and Adaptations		
Simplified	Simplified Approaches for The	This document describes simplified	Simplified approaches to the treatment
Approaches	Provision of Care to Children with	approaches for improving care for	of wasting. ENN Technical Brief (2020)



	<u>,                                      </u>	
Wasting and other forms of Acute Malnutrition <u>Link</u> (Technical guidance,	children with wasting, including adaptations to national and global	Rapid Review: Treatment of Wasting
UNICEF, 2020)	protocols that aim to remove barriers to	Using Simplified Approaches by
ONICEI, 2020)	treatment, improve coverage and reduce	UNICEF (2020)
	the costs of care.	ONICLI (2020)
	the costs of care.	IRC Simplified protocol for Acute
		Malnutrition (2020)
Global Training Toolkit on Simplified	This training manual focuses on	<u>Wallutition (2020)</u>
Approaches for the Detection and	simplified approaches to detect and treat	A Simplified, Combined Protocol:
Treatment of Child Wasting Link	childhood wasting. It comprises modules	Evidence Overview (IRC, 2022)
<u> </u>	,	Evidence Overview (Inc., 2022)
(UNICEF, ACF, STC, IRC, HLA, 2022)	on Family MUAC, Community Health Worker-led Treatment, Reduced	Simplified Approaches Community of
	· ·	Practice
	Frequency of Follow-Up Visits, and	
	Simplified Treatment Protocols.	(State of Acute malnutrition, 2019)
Family MILAC Approach in the Time of	This document provides step by step	CMAM expended admissions
Family MUAC Approach in the Time of	This document provides step-by-step	CMAM expanded admissions
COVID-19: Implementation Guidance	guidance for implementing the Family	guidance.
for Program Managers <u>Link</u> (Save The	MUAC Approach, in both Covid-19 and	(Interagency Nutrition Meeting, 2014)
Children, 2020)	non-Covid-19 contexts, to increase	
	CMAM coverage. This guidance can also	
	be used in line with simplified treatment	
	protocols during a Covid-19 pandemic	
	where routine CMAM approaches may	
	not be feasible.	
	A guide-in-brief to the Family MUAC (or	
	Mother MUAC as it is also sometimes	



Family MUAC: Supporting entire called) community screening approach which empowers mothers, caregivers, communities to screen for acute malnutrition Link. and other family members to screen their (Brief guide, Action Against Hunger, children for acute malnutrition using 2020) color-coded MUAC tapes. The GOAL HQ program quality technical Family MUAC training toolkit (GOAL, team developed a standardised Family MUAC training module with an associated 2019) **Training Guide for Family MUAC** monitoring and evaluation framework for approach multi-country use. Presentation: Family MUAC approach Family MUAC M&E toolkit This lesson was developed by Action Against Hunger's Nutrition teams in Family MUAC: Care Group Lesson Nigeria and Uganda, with the support of

Against Hunger's Nutrition teams in Nigeria and Uganda, with the support of the Social and Behaviour Change Adviser. The lesson is part of a curriculum for the care group approach and was developed using the facilitation cue' illustrations and methods for meeting facilitation from <a href="Care Groups: A">Care Groups: A</a> Reference Guide for Practitioners

Excel-based M&E tools for recording data that include screening forms, admission

Reference guide for practitioners Link

(Action Against Hunger, 2020)



	M&E tools for the Family MUAC approach <u>Link</u> (Toolkit, IMC, 2019)	forms, training records, and monthly training registration.	
	Mother-MUAC Teaching Mothers To Screen For Malnutrition- Guidelines for the training of trainers <u>Link</u> (ALIMA, 2016). Video: <a href="https://www.youtube.com/watch?v=LLvw10RXBoo">https://www.youtube.com/watch?v=LLvw10RXBoo</a>	This guideline was developed by ALIMA to support the training of mothers on the Family MUAC approach.	
Community Health	Toolkit for CHW Community-Based	Simplified treatment registers (SAM	Community-based Management of Acute Malnutrition Using Community
Workers	Treatment of Uncomplicated Wasting for Children 6-59 Months in the Context	register, MAM register, or combined register) to enable CHWs to document	Health Activists in Angola
implementin	of Covid-19 (SIMPLIFIED REGISTERS	caregiver and child information, admit	(Report, World Vision, 2013)
g CMAM	FOR CHWs) Combined, SAM only,	and track treatment progress, and record	
	MAM only (Toolkit, International	the treatment/discharge outcomes of	Treating Malnutrition in The
	Rescue Committee, 2020)	each child they treat.	Community
			(Brief report, IRC, 2017)
	Toolkit for CHW Community-Based Treatment of Uncomplicated Wasting for Children 6-59 Months in the Context of Covid-19 Link (Toolkit, International Rescue Committee/UNICEF, 2020)	The Toolkit for CHW Community-Based Treatment of Uncomplicated Wasting for Children 6-59 Months in the Context of Covid-19 brings together existing evidence and operational experience to provide implementers key recommendations and considerations for	Developing and Strengthening Community Health worker program at scale: A Reference Guide for Program Managers and Policy Makers (USAID & MCHIP, 2013)



		rolling out the approach as well as step-	Prioritizing Community Health Worker
		by-step guidance on an implementation	Data for Informed Decision-Making
		protocol.	(Report, Frontline Health Workers
			Coalition, 2008)
CMAM	CMAM Surge Toolkit: Implementation	Concern developed CMAM Surge Global	The 'CMAM Surge' approach: setting
Surge	guides and tools (Concern Worldwide,	Guidance to support the implementation	the scene
	2016)	of CMAM Surge which aims to help	
		government health teams respond to	CMAM Surge: the way forward (FEX
	Operational Guide <u>Link</u>	relative changes in treatment capacity	64, ENN, 2021).
	Facilitator guide <u>Link</u> , <u>slides</u>	and caseloads of wasted children. The	
	Introduction to CMAM Surge Link	Operational Guide provides an overview	New Design Framework for CMAM
	Value for money Framework Link	of the approach and describes eight steps	Programming (by Peter Hailey and
		covering the implementation and	Daniel Tewoldeberha) (2010)
		monitoring processes. Currently, the	https://www.ennonline.net/fex/39/sugg
		approach focuses on the management of	<u>ested</u>
		SAM but can also include MAM if this is	
		part of routine health services.	
Additional	Prevention, Early Detection and	This document serves as a tool for	
resources	Treatment of Wasting in Children 0-59	implementing the recommendations	Adaptations to the Management of
focused on	Months through National Health	reflected in existing WHO and UNICEF	Acute Malnutrition in the Context of
COVID-19	Systems in the Context of COVID-19:	guidance on the delivery of services	COVID-19 (USAID, Action Against
	Implementation Guidance Link	through national health systems for the	Hunger, UNICEF, 2022)
	(WHO & UNICEF, 2020)	prevention, early detection, and	
		treatment of child wasting in the context	
		of COVID-19. This note reflects broad	Adaptations to the Management of
		guidance for all levels of the health	Acute Malnutrition in the Context of
		system, including community health	COVID-19
		services that offer prevention, early	(Report, Action Against Hunger, USAID
		detection, and treatment services for	& UNICEF, 2020).
		child wasting.	



Technical brief on Management of Child Wasting in the context of Covid-19 Link (UNICEF, GNC-TA, GNC, 2020)

Adapting Community-based Management of Acute Malnutrition in the context of COVID-19 <u>Link</u> (Interim quidance, Concern Worldwide, 2020)

Operational guidelines to contain and reduce transmission of novel coronavirus (covid-19) for nutrition service providers and clients of WFP nutrition-specific programs <a href="Link"><u>Link</u></a> (World Food Program -Uganda, 2020)

This Brief is meant to provide information specific to services and programs for the management of child wasting in the context of COVID-19, and it contains information that is not already available elsewhere. This Brief does not cover wider mitigation and response measures available in other guidance.

The guide attempts to provide practical steps based on international guidelines and recommendations to ensure essential treatment services for acute malnutrition continue as much as possible while minimising the risk of COVID-19 transmission. The primary focus of this guide is the management of the outpatient component of CMAM.

This operational guideline is intended to support primary care teams in the practical implementation of nutrition-specific programming during the COVID-19 pandemic.

WFP's additional recommendations for the management of maternal and child malnutrition prevention and treatment in the context of COVID-19 (2020)

ALIMA Suggested Actions for Consideration in the Management of Child Wasting in the Context of COVID-19 (2022).

Continuing care during COVID-19
Adopting Life-Saving Approaches to
Treat Acute Malnutrition (Policy Brief, IRC, 2020)



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CMAM and other Health concerns	Checklist for Determining HIV Status for Children 0-59 Months with Severe Acute Malnutrition Link (Save the Children, 2015)	A checklist was created to help health workers determine the HIV status of children 0-59 months with severe acute malnutrition that are enrolled in the management of acute malnutrition program.	Manual for the integration of childcare practices and mental health within nutrition programs (Manual, Action Against Hunger, 2006)
	Cholera and acute malnutrition <u>Link</u> (Medical Guidelines, MSF)	This resource is a part of the management of the cholera epidemic in general and cholera case management in which acute malnutrition is one of the possible conditions.	
	Nutritional care and support for patients with tuberculosis <u>Link</u> (WHO, 2013).	This guideline explores nutrition care for patients with tuberculosis. Its primary audience is health workers providing care to people with tuberculosis. However, the guideline is also intended for a wider audience including policymakers, their expert advisers, and technical and program staff at organizations involved in the design, implementation, and scaling-up of nutrition actions for public health.	
	Guidelines for an Integrated Approach to the Nutritional care of HIV-infected children (6 months-14 years) Link Chart Booklet Guide for local adaptation	The Guidelines provide a framework for integrating nutrition support into the routine care of HIV-infected children.	



	(Handbook, WHO, 2009)		
	Technical Brief: Severe Acute Malnutrition and Infection Link (Technical brief, 2013)	This brief outlined the evidence underpinning important questions relating to the management of infectious diseases in children with SAM and highlighted research gaps.	
CMAM and IMCI integration	Integrating Early Detection and Treatment of Child Wasting into Routine Primary Health Care Services: A resource guide to support National planning Link (UNICEF, 2021)	This new resource offers an easy-to-follow process for governments to identify integration actions that can help achieve wasting program goals within routine primary health care services. This guide includes tools and resources to support national decision-makers in developing their integration plans.	Child health in the community - "Community IMCI": Briefing package for facilitators (Training material, WHO, 2004)
	Community Case Management (CCM) In Humanitarian Settings: Guidelines for Humanitarian Workers Link (Save the Children & USAID, 2019)	This guide provides emergency responders with basic information on iCCM, support for making key decisions to implement iCCM during a spike in humanitarian needs or throughout protracted crisis settings, and choices for transition after the acute phase has ended.	



	Pocket book of hospital care for children: guidelines for the management of common childhood illnesses, 2nd ed. Link (WHO, 2013)	Guidelines for the management of common childhood illnesses. This is the second edition of the Pocket book of hospital care for children. It is for use by doctors, nurses, and other health workers who are responsible for the care of young children at first-level referral hospitals. The Pocket Book is one of a series of documents and tools that support the Integrated Management of Childhood Illness (IMCI).	
	Community Case Management Essentials Treating Common Childhood Illnesses in the Community: A guide for program Managers Link (USAID, Core group, Save the Children, MCHIP, & BASICS, 2010)	This guide documents what is known about CCM and how to make it work. First, health program managers are introduced to the basics. Then, CCM Essentials walks its readers through the process of designing and managing a high-quality CCM program.	
Program plan	ning, Management, Evaluation, Reporting	, and Assessments	
Operational managemen t support, planning, costing	CMAM Costing tools (USAID, FANTA-2, fhi360, 2012) CMAM Costing Workbook version 1.1 Link CMAM Costing tool user guide, version 1.1 Link CMAM costing tool exercise, version 1.1 Link	This Microsoft Excel-based application estimates the costs of establishing, maintaining, and/or expanding services for CMAM at the national, sub-national, and district levels. This information helps program managers determine whether their plans for CMAM are financially feasible, identify the resources needed,	Coverage matters: a collation of content on coverage monitoring of CMAM programs.  (ENN, Coverage Monitoring Network, 2014)  Measuring Coverage in Community-based Therapeutic Care Programs



CMAM Costing tool case study, version	and formulate an effective	through Semi-Quantitative Evaluation of Access and Coverage (SQUEAC): An
1.1 <u>Link</u>	implementation plan. (Note that this tool deals only with the management of SAM.)	Overview (Coverage Monitoring Network)
Caseload, targets, and supplies calculation tool (nutrition cluster) Link (GNC, 2016)	An Excel workbook is designed to aid the calculation of caseloads, targets, and supplies for Nutrition Cluster interventions as per available guidance.	
Guidance Note: New Design for the Mid-Upper Arm Circumference (MUAC) Tape Link, Design (UNICEF, 2020)	In response to the need of scaling up the early detection and treatment of children who are wasted, UNICEF has updated the design of the MUAC tape so it can be easily utilized by caregivers. Further, the modified design adheres to the safety and hygiene precaution measures in the context of COVID-19	
Nutrition Program Design Assistant: A Tool for Program Planners (NPDA) Workbook Version 2, Revised 2015 (Link, Excel) (Save the Children, USAID, FANTA-III, FHI360, Core Group- Advancing Community Health Worldwide)	The Nutrition Program Design Assistant is a tool to help organisations design the nutrition component of their community-based maternal and child health, food security, or another development program. The tool has two components:	



		(1) a reference guide for understanding the nutrition situation and identifying and selecting program approaches, and (2) a workbook to record information, decisions, and decision-making rationale.	
	Module 7 Planning CMAM Services at the District Level, from Community-Based management of acute malnutrition training guide 2008 Link (USAID, Valid International, Concern Worldwide, UNICEF).	This module introduces participants to the issues and considerations in the design and planning of a community-based management of acute malnutrition (CMAM) service or program. This module focuses on the different steps used to plan a CMAM service or program. It aims to provide participants with the tools and conceptual frameworks for thinking through the planning stages according to the context.	
	How do we estimate the caseload for SAM and/or MAM in children 6-59 months in each period? Link (2012)	Brief on estimating caseload for SAM and/or MAM in children 6-59 months in each period?	
Nutrition Assessment s and reporting	Emergency Nutrition Assessment Guidelines for field workers (Save the Children UK, 2004) <u>Link</u>	The ENA Manual is intended to provide straightforward and comprehensive guidance to nutritionists and other fieldworkers responsible for assessments	Minimum reporting package (MRP) for emergency supplementary and therapeutic feeding programs. User guidelines.



	in emergency settings. It is divided into 6 parts including a how to assess the causes of malnutrition and how to interpret assessment data alongside mortality and malnutrition information.	(Save the Children, USAID, ENN & European Commission, 2012
Module 8: Monitoring and Reporting on CMAM from Community-Based management of acute malnutrition training guide 2008 Link (USAID, Valid International, Concern Worldwide, UNICEF)	This module introduces participants to the basic principles of monitoring, reporting on and supervising community-based management of acute malnutrition (CMAM) services, with a focus on outpatient care. The module describes how individual children are tracked and monitored in CMAM and how monitoring information and data are collected and reported for the service/program. The purpose and function of support and supervisory visits are discussed.	
SQUEAC: Low resource method to evaluate access and coverage of programs Link. (Technical Guidelines, CMN, 2016)	The SQUEAC (Semi- Quantitative Evaluation of Access and Coverage) coverage methodology uses a two-stage screening test model to assess the coverage of programs.	



Semi-Quantitative Evaluation of Access and Coverage (SQUEAC)/ Simplified Lot Quality Assurance Sampling Evaluation of Access and Coverage (SLEAC) Technical Reference Link (FANTA III & USAID, 2012)

The Technical Reference comprises dedicated sections on SQUEAC and SLEAC methods and a series of case studies that address: Assessing evidence and coverage in very high coverage programs, assessing evidence and coverage in moderate coverage programs, sampling without maps or lists, using satellite imagery to assist sampling in urban settings, active and adaptive case-finding in rural settings, within-community sampling in an IDP camp, within-community sampling in urban settings and the case of the 'hidden defaulters'.

Open review of coverage methodologies. Questions, comments & ways forward. SQUEAC, SLEAC, S3M Link

(Technical guideline, Epicentre, 2015)

This review was commissioned by the CMN with the explicit objective of improving existing coverage methodologies through participatory review with users of the methodologies.

Standardized Monitoring and Assessment of Relief and Transitions

The following package is the set of materials for Survey Manager level



	(SMART) Survey planning tool Kit For survey Manager (AAH- Canada, 2014) https://smartmethodology.org/survey-planning-tools/smart-capacity-building-toolbox/survey-manager/	training (individuals who will be planning, supervising, analysing, and report writing of the SMART survey data).	
	Strengthening Nutrition Emergency Response Preparedness (ERP) Interim ERP step-by-step guide (GNC, USAID, 2022) ERP Step-by-step guide   Global Nutrition Cluster ERP plan template   Global Nutrition Cluster The Preparedness actions work plan   Global Nutrition Cluster	The ERP guide outlines a step-by-step process describing how to undertake ERP planning. It is the central element of the GNC ERP toolkit that, in addition to this guide, includes templates, tools, and elearning modules to support Nutrition ERP planning.	
Prevention of acute malnutrition (wasting)-non-exhaustive list	Best Practice in Preventing Child Wasting within the Wider Context of Undernutrition Link (ENN, Irish Aid, & ECF, 2021)	The brief is based on work since 2014 by the Wasting Stunting Technical Interest Group (WaSt TIG) and the Emergency Nutrition Network (ENN). It updates previous reports on wasting prevention by ENN and builds on ENN's recent position paper on wasting.	Wasting in the wider context of undernutrition: An ENN position paper June 2020
		This technical brief examines current evidence, knowledge, and practice	



Preventing Moderate Acute
Malnutrition (MAM) Through NutritionSensitive Interventions Link
(Technical guidelines, CMAM Forum,
2014)

relating to the prevention of moderate acute malnutrition (MAM) through nutrition-sensitive interventions in various sectors. This brief was developed based on a review of many types of evidence including 'grey' research, published research, systematic literature reviews, ongoing impact evaluations, and other plausible research systematically collected.

Practical pathways to integrate nutrition and water, sanitation and hygiene: Global Brief <u>Link</u> (Water Aid & Action Against Hunger, 2019) This global brief brings together commonalities and key enablers, or pathways, for progress to collaborate and integrate WASH and nutrition policies and programs in countries with high undernutrition burdens.

WASH' Nutrition: A practical guidebook on increasing nutritional impact through the integration of WASH and Nutrition programs <u>Link</u> (Action Against Hunger, UNICEF & EU, 2017) This operational guidebook has been developed to provide practitioners with usable information and tools so that they can design and implement effective WASH and nutrition programs.



	Integrating WASH and nutrition Link	WASH-plus recognizes the importance of	
	(Learning brief, FHI 360, 2015)	integrating water, sanitation, and hygiene	
		into other development priorities, such as	
		nutrition, to achieve its objective of	
		healthy households and communities.	
	Livestock and Nutrition LEGS: A	This discussion paper was commissioned	
	Discussion Paper for the Livestock	by LEGS to review the key issues relating	
	Emergency Guidelines and Standards	to nutrition in the context of livestock-	
	(LEGS, 2020)	based emergency interventions. The	
	https://www.livestock-	paper presents the outcome of a	
	emergency.net/wp-	literature review that summarises key issues for livestock and nutrition. It also	
	content/uploads/2020/11/LEGS- Discussion-Paper-Livestock-	presents three short case studies	
	Nutrition.pdf	illustrating the impacts of livestock	
	- Contracting and	emergency responses on nutrition.	
Additional relevant	Improving Pre-Service Nutrition Education and Training of Frontline	The purpose of this technical brief is to describe the process and methods the	MULTI-SECTORAL NUTRITION STRATEGY 2014–2025 Technical
resources	Health Care Providers Link	Food and Nutrition Technical Assistance	Guidance Brief
resources	(Technical brief, FANTA-III, USAID,	III Project (FANTA) used to improve pre-	(USAID, 2016)
	fhi360, 2018)	service nutrition education and training of	
		frontline healthcare providers, including	
		nurses and midwives, in two countries.	Social protection and nutrition
			(Australian Department of Foreign
			Affairs and Trade, 2015)



Guide to Anthropometry: A Practical	This user-friendly reference offers	
Tool for Program Planners, Managers,	information and step-by-step instructions	
and Implementers <u>Link</u>	on using anthropometry to assess the	
(FANTA-III, USAID, fhi360, 2018)	nutritional status of individuals and	
	communities. The guide, which replaces	
	the 2003 Anthropometric Indicators	
	Measurement Guide, explains	
	anthropometric measurements/indices	
	and the nutrition conditions they assess	
	in different demographic groups,	
	discusses how to interpret	
	anthropometric data, and offers guidance	
	on selecting equipment for taking	
	measurements in low-resource settings.	
Т		
he Nutrition Counselling Visit for Young		
Children (Video)	This video shows health workers how to	
https://resourcecentre.savethechildren.n	assess and guide a caregiver during a	
et/document/the-nutrition-counselling-	nutrition counselling visit.	
visit-for-young-children/		
(Global Health Media & UNICEF, 2018)		
Integrated Food Security Phase		
Classification manual IPC version 3.0,	The IPC Technical Manual 3.1 is an update	
<u>Link</u> (IPC -GSU, 2019)	of version 3.0 (published in 2019) to	
	improve the understanding of 'Famine'	
	and 'Famine Likely' as well as strengthen	
	the methods used to guide the	
	convergence of evidence by using	



international standards and cut-offs for Famine classifications. The IPC Manual is a set of internationally accepted guidelines for the analysis of food insecurity and malnutrition, developed through consultations with food security nutrition experts and from 15 organisations. A practical toolkit for People in Need's integrated programming for improved This toolkit recommended e-learning nutrition. Link courses, dozens of carefully selected (People in need, 2014). guidelines, experience from PIN missions, support of PIN's Senior Advisors, and much more is available to help you to integrate IPIN into your programming and effectively contribute to reducing undernutrition. Defining Nutrition Assessment, Counselling, and Support (NACS) Link The nutrition assessment, counselling, (Technical notes, FANTA, 2012) and support (NACS) approach aims to improve the nutritional status of individuals and populations by integrating nutrition into policies, programs, and the health service delivery infrastructure. Most of the experience with this approach has come from working with people living with HIV (PLHIV), but lessons from this experience



	are being adapted and extended to standardised case management for malnourished people with other infectious diseases and noncommunicable diseases.	
A Gender-Transformative Framework for Nutrition Advancing Nutrition and Gender Equality Together Link (WVI, AAH, Care, STC, NI, Bruyere, Mother Food International, 2020)	The Gender-Transformative Framework for Nutrition (GTFN) is a conceptual model supported by research and practice that enables improved gender analysis, solutions design, and monitoring and evaluation of nutrition approaches, as well as interventions promoting women and girls' empowerment. The GTFN applies systems thinking that enables users to critically examine the multi-sectoral drivers of malnutrition using a gender equality and empowerment lens	



### List of relevant websites on CMAM

- https://acutemalnutrition.org/en
- http://www.en-net.org/
- http://www.fantaproject.org/focus-areas/nutrition-emergencies-mam
- https://www.simplifiedapproaches.org/
- https://www.nutritioncluster.net/resources
- Malnutrition (who.int)
- https://www.concern.net/knowledge-hub/cmam-surge
- https://www.advancingnutrition.org/resources/nutrition-resource-hub
- https://www.wvi.org/resources
- https://www.motherchildnutrition.org/
- https://www.unicef.org/nutrition
- https://www.wfp.org/nutrition
- https://resourcecentre.savethechildren.net/topics/health-and-nutrition/
- http://www.coverage-monitoring.org/
- <a href="https://2017-2020.usaid.gov/what-we-do/agriculture-and-food-security/supporting-global-nutrition">https://2017-2020.usaid.gov/what-we-do/agriculture-and-food-security/supporting-global-nutrition</a>
- http://www.validinternational.org/
- http://www.unicef.org/eapro/UNICEF program guidance on manangement of SAM 201 5.pdf
- <a href="https://www.actionagainsthunger.org.uk/publications-and-reports">https://www.actionagainsthunger.org.uk/publications-and-reports</a>
- https://www.msf.org/malnutrition
- <a href="https://scalingupnutrition.org/our-progress-and-resources">https://scalingupnutrition.org/our-progress-and-resources</a>
- https://www.worldbank.org/en/topic/nutrition
- https://globalnutritionreport.org/resources/
- https://hmhbconsortium.org
- https://www.fhi360.org/practice-areas/nutrition
- https://eleanorcrookfoundation.org/resources
- Nutrition | Results for Development (r4d.org)



# List of Abbreviations

Acronyms	Abbreviations	
AAH/ACF	Action Against Hunger/ Action Contre la Faim	
CMAM	Community Management of Acute Malnutrition	
CMN	Coverage Monitoring Network	
CTC	Community-Based Therapeutic Care	
ECF	Eleanor Crook Foundation	
ENA	Emergency Nutrition Assessment	
ENN	Emergency Nutrition Network	
FANTA	Food And Nutrition Technical Assistance	
FAO	Food and Agriculture Organization	
FHI	Family Health International	
FSN Network	Food Security and Nutrition Network	
GNC	Global Nutrition Cluster	
GNC-TA	Global Nutrition Cluster – Technical Alliance	
GTAM	Global Technical Assistance Mechanism for Nutrition	
GTWG	Global Technical Working Group	
HLA	Humanitarian Leadership Academy	
HTP	Harmonized Training Package	
iCCM	Integrated Community Case Management	
IMC	International Medical Corps	
IMCI	Integrated Management of Childhood Illness	
IPC-GSU	Integrated food security Phase Classification- Global Support Unit	
IRC	International Rescue Committee (IRC)	
IYCFE	Infant and Young Child Feeding in Emergencies	
IYCN	Infant and Young Child Nutrition	
MAM	Moderate Acute Malnutrition	
MCHIP	Maternal and Child Health Integrated Program	
MSF	Médecins Sans Frontières	
MUAC	Mid Upper Arm Circumference	
NACS	nutrition assessment, counselling, and support	
NI	Nutrition International	
SAM	Severe Acute Malnutrition	
SLEAC	Simplified LQAS 1 Evaluation of Access and Coverage	
SMART	Standardized Monitoring and Assessment of Relief and Transitions	
SQUEAC	Semi-Quantitative Evaluation of Access and Coverage	
STC	Save The Children	
UNHCR	United Nations High Commissioner for Refugees	
UNICEF	United Nations Children's Fund	
UNOCHA	United Nations Office for the Coordination of Humanitarian Affairs	
WFP	World Food Programme	
WHO	World Health Organisation	
WVI	World Vision International	

